

# BIRTH DEFECTS IN NEW HAMPSHIRE

## ABOUT 1 IN EVERY 33 BABIES IS BORN WITH A BIRTH DEFECT IN NEW HAMPSHIRE.

Birth defects are health conditions that are present at birth that change the shape or function of one or more parts of the body. Common birth defects include heart defects, cleft lip and cleft palate, and spina bifida. Birth defects can affect a baby's overall health, how the body develops, and how the body works. Birth defects can greatly impact the lives of babies and their families.

## EACH YEAR IN NEW HAMPSHIRE

More than

# 11,800

babies are born.

About

# 400

babies will be born with a birth defect.

About

# 1 in 6

infant deaths is due to a birth defect.

## WE NEED INFORMATION TO BETTER UNDERSTAND BIRTH DEFECTS.

The [New Hampshire Birth Conditions Program](#) is a tracking system that collects information on babies born with defects in New Hampshire (NH). Tracking birth defects is crucial for understanding ways to prevent birth defects and supporting New Hampshire children and families impacted by birth defects.

A strong birth defects tracking system is needed to:



### IDENTIFY CAUSES

We don't know what causes most birth defects.



### HELP FAMILIES CONNECT TO SERVICES

Children with birth defects and their families need services and care.

*“Only when we support birth defects tracking programs will we have data to understand why birth defects happen, how to treat them, and what families need to thrive.”*

**JANE C.**



### FIGHT NEW THREATS

Threats like Zika and opioid exposure put NH children at risk for birth defects.



### EDUCATE AND SUPPORT COMMUNITIES

Families and communities in NH need information and resources to prevent birth defects.

## LEARN MORE

To explore birth defects data, visit PeriStats at <http://bit.ly/PeriStatsNHBirthDefects>

To learn more about birth defects, visit [marchofdimes.org](http://marchofdimes.org) and [nacersano.org](http://nacersano.org)

## NH'S PROGRAM

New Hampshire Birth Conditions Program

New Hampshire Department of Health and Human Services

<http://bit.ly/NHBirthDefects>

## BIRTH DEFECTS TRACKING

National Birth Defects Prevention Network [nbdpn.org](http://nbdpn.org)

Centers for Disease Control and Prevention [cdc.gov/ncbddd/birthdefects/states/](http://cdc.gov/ncbddd/birthdefects/states/)



This profile was developed in partnership with the National Birth Defects Prevention Network.

Data source: National Center for Health Statistics, 2016 natality and 2013 period linked birth/infant death data.